



Allegro DanceWorks' Programs and Schedules 2019-2020

Combo 3, 4 & 5 Years Old Programs:

The Preschool Program is an introduction to movement and music for children three, four and five years old. Through creative movement, music interpretation, mime, improvisation and song, children will discover the world of dance. Classes combine the fundamental movements and disciplines of Ballet and Jazz.

Ballet:

Classical Ballet technique is the foundation of most dance forms; Ballet training is required if a dancer has aspirations of studying dance more seriously in the future (ex: participating in Examinations and/or the Competitive Team). Dancers will acquire an understanding of basic classical technique, which in turn will increase coordination, muscular strength, posture, musicality, flexibility, balance and gracefulness. We follow the Royal Academy of Dance (RAD) syllabus, an internationally accredited ballet training program.

Jazz:

Jazz is an excellent addition to ballet as it compliments classical training while introducing children to a more freestyle form of dance. From sharp and fast, to soft and flowing, students will find jazz to be athletically challenging and fun. Classes are based on the Associated Dance Arts for Professional Teachers (ADAPT) syllabus.

SCHEDULE - 3 YEARS OLD

ID #	Class	Day	Time	Teacher
1	Combo 3 yrs.	Saturday	9:00-9:30am	Ms. Sophie Shavrnoch

Children must be 3 years of age by December 31st. Children participate in the class independently without parental aid.

SCHEDULE - 4/5 YEARS OLD

ID #	Class	Day	Time	Teacher
4	Combo 4/5 yrs.	Thursday	5:45-6:30pm	Ms. Michelle Bresee
5	Combo 4/5 yrs.	Saturday	9:45-10:30am	Ms. Meghan Stevens

Children must be 4/5 years of age by December 31st. Children participate in the class independently without parental aid.

Please read our General Information document for more details on Fees, Uniform, Policies and participation in our Annual Recital.